



# PEACE

## ENJOYING A SEASON OF FAITH & FAMILY

### **One Thing at a Time**

When looking at your to-do list, try focusing on just one thing.

VERSES: Zechariah 4:10 | Ecclesiastes 7:8

### **Take a Breather**

When the chaos of home overwhelms, step out and recharge.

VERSES: Psalm 127:2 | Psalm 32:7

### **Be Present**

Put distractions aside, and be in the moment with loved ones.

VERSES: Romans 12:2 | Ephesians 5:15-16

### **That Special Something**

Take time to celebrate. Do something that's special to YOU.

VERSES: Ecclesiastes 3:11 | Nehemiah 8:10

### **Emotional Truth**

When emotions overcome, acknowledge them and turn to Him.

VERSES: Philippians 4:6-7 | 1 Corinthians 12:6

